

# Four Year Academic Success Plan

	Personal Responsibility	Time Management/ Organization	Research/Inquiry Skills	Communication Skills	Collaboration
First Year	<ul style="list-style-type: none"> <li>• Prepare for a period of adjustment to the demands of college-level work</li> <li>• Think of failures as opportunities to grow</li> <li>• Use the <a href="#">Wise Choice Process</a> when faced with challenges</li> <li>• Check in with <a href="#">academic advisor</a> 2-3 times per semester</li> <li>• Develop a daily routine, including time for study, breaks, sleep, meals, exercise, etc.</li> <li>• Support your health (<a href="#">Counseling Service</a>, <a href="#">University Health Center</a> &amp; <a href="#">Campus Recreation Services</a>)</li> </ul>	<ul style="list-style-type: none"> <li>• Plan to study at least 25 hours per week</li> </ul>	<ul style="list-style-type: none"> <li>• Take a variety of classes to discover your interests/strengths</li> <li>• Focus on learning the content/skills in your courses, rather than “getting through” them</li> <li>• Attend professor/TA office hours</li> <li>• Explore campus resources (<a href="#">Tutoring</a>, <a href="#">University Libraries</a>, <a href="#">ADS</a>, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Use proper English in assignments and emails to UMD faculty &amp; staff</li> <li>• Get papers reviewed at the <a href="#">Writing Center</a>-Tawes Hall</li> <li>• Prepare for class presentations at the <a href="#">Oral Communication Center (OCC)</a>-Skinner Building</li> </ul>	<ul style="list-style-type: none"> <li>• Get to know at least 2 students in each of your classes</li> <li>• Participate in <a href="#">GSS</a> sessions and other study groups</li> <li>• Join a student organization (First-Look Fair, <a href="#">SORC</a>)</li> </ul>
Sophomore	<ul style="list-style-type: none"> <li>• Adopt a <a href="#">Growth Mindset</a></li> <li>• Select a major</li> <li>• Review your <a href="#">4 year plan</a> with <a href="#">academic advisor</a></li> <li>• Get to know at least 1 faculty member</li> <li>• well Learn strategies for coping with <a href="#">stress</a> and <a href="#">anxiety</a></li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate and refine time management and organization strategies from previous semesters</li> <li>• <a href="#">Balance</a> academic work with social, recreational, and other activities</li> <li>• Develop a short-term and long-term plan to meet your career goals</li> </ul>	<ul style="list-style-type: none"> <li>• Attend career fairs</li> <li>• Explore internship opportunities at the <a href="#">University Career Center</a></li> <li>• Investigate study abroad opportunities at the <a href="#">Education Abroad office</a></li> <li>• Explore <a href="#">research</a> availabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to use the <a href="#">Writing Center</a> and <a href="#">OCC</a> services</li> <li>• Create a <a href="#">Careers4Terps</a> account and learn about <a href="#">Career Center</a> services</li> </ul>	<ul style="list-style-type: none"> <li>• Engage in <a href="#">community service</a></li> <li>• Spend time with a diversity of peers</li> </ul>

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Junior	<ul style="list-style-type: none"> <li>• Check in with your advisor to review academic progress</li> <li>• Evaluate the impact that your feelings, emotions, and reactions have on your success</li> </ul>	<ul style="list-style-type: none"> <li>• Fine tune short-term and long-term goals</li> </ul>	<ul style="list-style-type: none"> <li>• Obtain an internship</li> <li>• Participate in <a href="#">study abroad</a> programs</li> <li>• Engage in <a href="#">research</a> activities</li> <li>• Research graduate school programs and prepare for entrance exams</li> </ul>	<ul style="list-style-type: none"> <li>• Meet with a <a href="#">Career Center</a> Advisor to review your cover letter &amp; resume, and to strengthen your interview skills</li> <li>• Participate in Professional Preparation Workshops at the <a href="#">Career Center</a></li> </ul>	<ul style="list-style-type: none"> <li>• Cultivate relationships with your instructors and TAs for future advice/references</li> <li>• Establish professional contacts in your field of study on and off campus</li> </ul>
Senior	<ul style="list-style-type: none"> <li>• Meet with academic advisor to ensure you are on track for graduation</li> </ul>	<ul style="list-style-type: none"> <li>• Stay focused and finish your college career successfully</li> </ul>	<ul style="list-style-type: none"> <li>• Apply for jobs and/or graduate school programs</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to visit the <a href="#">Career Center</a> to hone your resume, cover letter, and interview skills</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Expand your network</a> to connect with a wide range of people who may be able to help you with your career goals</li> </ul>